



The Chamber Chatter Box

www.bbwchamber.com

The Official Publication of the Brentwood • Balwin • Whitehall Chamber of Commerce - JANUARY 2010

President's Corner



As I was thinking about what to write for this month's President's Message, I wanted to find something simple and inspiring to set the tone for the coming year. I came across this story and felt that my message could not be any simpler. So, please enjoy the message and have a truly happy and healthy 2010.

Enjoy the Hot Chocolate

A group of graduates, well established in their careers, were talking at a reunion and decided to go visit their old university professor, now retired. During their visit, the conversation turned to complaints about stress in their work and lives. Offering his guests hot chocolate, the professor went into the kitchen and returned with a large pot of hot chocolate and an assortment of cups -porcelain, glass, crystal, some plain looking, some expensive, some exquisite telling them to help themselves to the hot chocolate.

When they all had a cup of hot chocolate in hand, the professor said:

"Notice that all the nice looking, expensive cups were taken, leaving behind the plain and cheap ones. While it is normal for you to want only the best for yourselves, that is the source of your problems and stress. The cup that you're drinking from adds nothing to the quality of the hot chocolate. In most cases it is just more expensive and in some cases even hides what we drink. What all of you really wanted was hot chocolate, not the cup; but you consciously went for the best cups... And then you began eyeing each other's cups.

Now consider this: Life is the hot chocolate; your job, money and position in society are the cups. They are just tools to hold and contain life. The cup you have does not define, nor change the quality of life you have. Sometimes, by concentrating only on the cup, we fail to enjoy the hot chocolate God has provided us. God makes the hot chocolate, man chooses the cups. The happiest people don't have the best of everything. They just make the best of everything that they have.

Live simply. Love generously. Care deeply. Speak kindly. And enjoy your hot chocolate.

~Author Unknown

Dr. Sean J. Hayes

LUNCHEON

GENERAL MEMBERSHIP MEETING

January 7, 2010

Michael's Restaurant & Lounge

3052 Churchview Avenue,

Baldwin Borough

Noon



Speaker

Mr. Roger Duchon
Champion Fitness

"Improving Your Health & Fitness in 2010"

Mr. Duchon has been a Health Club owner for more than 10 years. Health, fitness and nutrition have been a part of his life for more than 20 years; specializing in sports and general nutrition, sports exercise and sports therapy.

Every year for the past 5-years he has conducted his own 8 / 16-week health studies for a series of health books that he is writing.

Mr. Duchon will help you improve your health & fitness in 2010 by addressing the following:

- /Learn how to lose weight
- /Get more energy
- /Feel better about yourself
- /Increase your cardiovascular health
- /Lower your Blood pressure, and get rid of your medications
- /Lower your Cholesterol and get rid of your medications
- /Control your Diabetes plus lower or get rid of medications

Please make a reservation by contacting:

Mary Dilla at: 412-884-1233 or E-mail:

secretary@bbwchamber.com

\$15 with reservation

\$18 for Non-Members and those without a reservation

Next Chamber Luncheon - February 4 at Napoli's Restaurant,
3600 Saw Mill Run Blvd., Brentwood, 15227.

Thank-you
to our
2009-2010

Chamber Sponsor



THE BANK OF NEW YORK MELLON

WOMEN'S NETWORK

January 8, 2010

Noon

South Hills Country Club

4305 Brownsville Road, Whitehall

The monthly luncheon meeting of the Women's Network of the Brentwood Baldwin Whitehall Chamber of Commerce will meet on Friday, January 8th, noon, at South Hills Country Club.

Please plan on attending and bring a friend. We welcome members and non-members. Tables are available for ladies who would like to display products or merchandise. This is a great opportunity to build professional relationships and put your products and services out there. Everyone will pass out cards and brochures and present a one-minute "commercial."

See you at South Hills Country Club, noon!

Lunch - \$15 -- Bring a friend!

Lunch for Non-Members -- \$18

Display Table -- \$10

Please make a reservation by contacting our secretary:

Mary Dilla at: 412-884-1233 / secretary@bbwchamber.com

Next Women's Network Meeting Friday, February 12th

2010 Chamber Awards

A CELEBRATION OF EXCELLENCE

RECOGNIZING OUTSTANDING PERFORMANCE

NOMINATIONS

The general membership is asked to nominate candidates during the month of January. Nominees will then be contacted, and they will have until February 28 to detail how they meet the criteria. Those entries will be judged on merit by the University of Pittsburgh Small Business Development Center under the direction of Ray Vargo and announced at our April Luncheon. Finalists will be announced in the April newsletter.

Nomination forms are posted on the website: www.bbwchamber.com and sent along with this newsletter as an attachment.

Award Categories:

Volunteer of the Year

Most Promising New Business

Business of the Year

Deadline for Nominations is January 20, 2010

Return your completed nominations via email, fax or mail to: Mary Dilla, Secretary@bbwchamber.com, Fax: (412-207-4840) or mail to 3501 Brownsville Road, Pittsburgh, Pa 15227.

CHAMBER SPOTLIGHT

O'NEILL Financial Services, Inc.
4305 Clairton Blvd.

O'Neill Financial Services Inc has been brokering Residential and Commercial loans in Western Pennsylvania since 1992. Bob O'Neill Sr., its President has been in the Mortgage business since 1969. Their products include but are not limited to purchase money mortgages and refinancing of existing loans. They offer a wide variety of products including FIRST TIME HOMEOWNER PROGRAMS. In addition they offer commercial loans Nationwide.

O'Neill Financial Services is licensed by the Pennsylvania Department of Banking and the Florida Office of Financial Regulation. There offices are located at 4305 Clairton Blvd Pittsburgh, Pa 15236.

Bob O'Neill has a new business venture. They are distributors for **Prius Healthcare USA**. Their products include specialty beds and mattresses for hospitals and nursing homes. In addition they sell Sequential Compression Devices which is a pump that increases circulation and minimizes blood clots. The Vena Press 500 provides therapy for the foot, calf and thigh.

Bob O'Neill can be contacted at 412-885-5580, 412-596-9345 or on the web at www.oneillfinancial.com.

BOARD OF DIRECTOR APPOINTMENT

In November, the Board of Directors received a letter of resignation from fellow director Chas Juran.

At their December meeting, the board or directors appointed Dr. Ronald Dufalla, Superintendent of the Brentwood School District, to fulfill the unexpired term of Chas Juran.

The BOD is excited and looks forward to working with Dr. Dufalla in the coming year.

WELCOME - New Members!

Zoe's Beer
Zoe J. Kennedy
4102 Clairton Blvd.
412-881-4002

Greater Baldwin-Whitehall Athletic Association
Randy Lutz
[Http://www.gbwa.org](http://www.gbwa.org)

OFFICERS

President **Dr. Sean Hayes**
Vice President **Tom Caste**
Secretary **Mary Dilla**
Treasurer **Chris Woods**

BOARD OF DIRECTORS

Barb Allemang **Dr. Ronald Dufalla** **Maggie Schmotzer**
Tom Caste **Mary Halerz** **Rick Schneider**
Dottie Coll **Sean Hayes, D.C.** **John Slater**
John Frombach **Debbie Maddock** **Chris Woods**