



Please join us Saturday October 20,2018

From 1:00 pm-3:00 pm

For The Baldwin Health Centers

**Safe Trick or Treat.. Come in your best dressed
costume!!**

**Crafts-and candy will all be provided
with light refreshments!**

**Please bring a non-parishable item
for the Rainbow Kitchen**

Any questions please call Antoinette at 412-886-2804

Non-perishable food items:

- Soups, preferably “hearty” or “chunky”
- Stew & chili
- Spaghetti sauce
- Fruits & juices
- Vegetables
- Meat & fish
- Peanut butter
- Cereal, pasta, rice, noodles
- Stuffing mix, instant potatoes
- Meal-starters or side dishes
- Special dietary needs:
 - low-salt
 - low-sugar
 - sugar free
- Infant formula

Non-food items are also needed:

Just about any kind of toiletry, paper product, or household product is appreciated. These items are not covered by food stamps, making it hard for low-income people to get basic necessities.

- Household paper products, toilet paper
- Dish & laundry detergent
- Household cleaning products
- Personal care items – soap, shampoo, deodorant, toothpaste, toothbrushes
- Feminine hygiene products
- Diapers – infant, toddler, adult
- Children’s school supplies