



BRENTWOOD BALDWIN WHITEHALL CHAMBER OF COMMERCE
Women's Networking Luncheon

Friday, February 8, 2019

noon

South Hills Country Club

4305 Brownsville Road
Pittsburgh, PA 15227

Guest Speaker

Sigi "C.G." Loya

President of The Hormone Center
a holistic medical practice

Business professionals know that you can't always "turn it off". Whether it's managing P&Ls, meeting sales goals, networking, or the myriad of other business issues, sometimes it's hard to keep your head above water. On top of everything, you're expected to have a semblance of a normal home life. Unfortunately, the stress can take a toll on your health. We've all heard that stress can kill. Find out exactly how it can affect you physiologically and what you can do about it.

If you are looking for new marketing opportunities to showcase your products and services, please reserve a table and share this information. **Display tables (\$15 for chamber members, \$20 for non-members) are limited and will be reserved on a first come first served basis.**

Lunch for Chamber Members - \$20 - Bring a friend!

Lunch for Non-Members - \$25

Please make a reservation by contacting our secretary:

Mary Dilla - secretary@bbwchamber.com