

**HAYES CHIROPRACTIC, P.C.  
DR. SEAN J. HAYES  
300 Weyman Road, Suite 270  
Pittsburgh, PA 15236  
412-881-7060**

We at Hayes Chiropractic are pleased to welcome our newest chiropractor, Dr. Matthew Houston, to our practice. Dr. Houston is certified in Active Release Technique (ART), a cutting edge soft tissue technique for the treatment of injuries and the strengthening of muscles.

Hayes Chiropractic has been helping patients in the South Hills since 2005, providing all-encompassing family chiropractic care, treating patients from as young as one week old to age 94. Chiropractic care is not just limited to problems with the neck or lower back pains; we treat a myriad of conditions from headaches to sciatica, and pains in the knees, ankles, shoulders, elbows, wrists, and hands. Dr. Sean J. Hayes brings over 14 years of clinical experience to the practice. In addition to the chiropractic care, massage therapy and rehabilitation are used to achieve the best possible results in the treatment of aches, pains, and injuries.

Dr. Hayes' commitment to excellence and his helpful, courteous, and caring staff have helped him to be voted the "Best Chiropractor in the South Hills" three out of the last four years by local reader polls. With focus on patient satisfaction, quality care, and successful results, Dr. Hayes goes the extra distance to help you to achieve your healthcare goals. Don't stay stuck in a rut with chronic pain - call today for a consultation and Dr. Hayes will outline an individual treatment plan that's customized just for you. Hayes Chiropractic can help you return to optimum health. Remember, if you have a spine, you can be a patient of mine!

***Pain free... your goal, our mission.***

*Sean J. Hayes, D.C.*

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[www.hayeschiro.net](http://www.hayeschiro.net)