



# The Chamber Chatter Box



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## President's Corner

Fellow Chamber Members,  
Happy New Year!! I wanted to share the below story with you as we begin a New Year together. I am looking forward to positive things and to working with all of you! Enjoy!

### The Law of the Garbage Truck!

How often do you let other people's nonsense change your mood? Do you let a bad driver, rude waiter, curt boss, or an insensitive employee ruin your day? Unless you're the Terminator, you're probably set back on your heels. However, the mark of your success is how quickly you can refocus on what's important in your life.

Sixteen years ago I learned this lesson. And I learned it in the back of a New York City taxi cab. Here's what happened.

I hopped in a taxi, and we took off for Grand Central Station. We were driving in the right lane when all of a sudden, a black car jumped out of a parking space right in front of us. My taxi driver slammed on his brakes, the car skidded, the tires squealed, and at the very last moment our car stopped just one inch from the other car's back-end.

I couldn't believe it. But then I couldn't believe what happened next. The driver of the other car, the guy who almost caused a big accident, whipped his head around and he started yelling bad words at us. How do I know? Ask any New Yorker, some words in New York come with a special face. And he even threw in a one finger salute! I couldn't believe it!

But then here's what really blew me away. My taxi driver just smiled and waved at the guy... and I mean, he was friendly. So, I said, "Why did you just do that!? This guy could have killed us!" And this is when my taxi driver told me what I now call, "The Law of the Garbage Truck®." He said: **"Many people are like garbage trucks. They run around full of garbage, full of frustration, full of anger, and full of disappointment. As their garbage piles up, they look for a place to dump it. And if you let them, they'll dump it on you. So when someone wants to dump on you, don't take it personally. Just smile, wave, wish them well, and move on. Believe me. You'll be happier."**

So I started thinking, how often do I let Garbage Trucks run right over me? And how often do I take their garbage and spread it to other people at work, at home, or on the street? It was then that I said, "I don't want their garbage and I'm not going to spread it anymore."

I began to see Garbage Trucks. Like in the movie "The Sixth Sense," the little boy said, "I see Dead People." Well now "I see Garbage Trucks." I see the load they're carrying. I see them coming to dump it. And like my taxi driver, I don't take it personally; I just smile, wave, wish them well, and I move on.

One of my favorite football players of all time was Walter Payton. Every day on the football field, after being tackled, he would jump up as quickly as he hit the ground. He never dwelled on a hit. Payton was ready to make the next play his best. Over the years the best players from around the world in every sport have played this way: Muhammad Ali, Nadia Comaneci, Bjorn Borg, Chris Evert,

## Luncheon & General Membership Meeting

January 9, 2014

Salvatore's  
Curry Road Road

Noon

***A Long Journey Home: Bhutanese Refugees  
Prospering in Pittsburgh***

**Guest Speakers  
Amanda Liaschak,**

Junior Achievement of Western PA

**Diwas Timsina**

Film Maker/ Bhutanese refugee currently living in Baldwin

Diwas Timsina is a nineteen-year-old Bhutanese refugee currently living in Baldwin. Timsina was born raised in a refugee camp in Nepal. He and his family came to United States in 2008 and were initially resettled in Atlanta. They stayed in Atlanta for three years and then decided to move to Pittsburgh in 2011 to reunite with family members and to have better education and employment opportunities. Timsina is an alum of Junior Achievement of Western Pennsylvania and a 2012 graduate of Baldwin High School. Through Junior Achievement, he had the opportunity to be personally interviewed in Dallas, TX, by the CEO of AT&T Global Headquarters (a Cuban refugee himself) on a nationally televised press conference. Timsina is an active JA Classroom Volunteer in Baldwin-Whitehall. He has been featured in JA USA's 2012 Annual Report, is a JA Scholarship recipient, Penn State University Greater Allegheny Scholarship recipient, and has published poetry by Penn State University Greater Allegheny. Timsina has been featured in the Baldwin-Whitehall Patch, South Hills Record, Pittsburgh Business Times, and WPXI/Allegheny Conference's *Our Region's Business*. He is currently a sophomore at Penn State University Greater Allegheny majoring in Computer Science. [http://baldwin-whitehall.patch.com/groups/goodnews/p/born-on-the-fourth-of-july\\_1bdf649](http://baldwin-whitehall.patch.com/groups/goodnews/p/born-on-the-fourth-of-july_1bdf649)

*"People come to America to achieve their goals and to fulfill their dreams, but I came to America to be a part of it". ---Diwas Timsina*

### Advance reservations requested

Contact Mary Dilla at 412-884-1233 or  
email: [secretary@bbwchamber.com](mailto:secretary@bbwchamber.com)

\$20 with reservation - \$25 without reservation and non-members

Michael Jordan, Jackie Robinson, and Pele are just some of those players. And the most inspiring leaders have lived this way: Nelson Mandela, Mother Theresa, Gandhi, and Martin Luther King.

See, Roy Baumeister, a psychology researcher from Florida State University, found in his extensive research that you

(Over—Continued)

## WOMEN'S NETWORKING LUNCHEON



**January 10, 2013**  
**Noon**  
**Gianna Via's, Caste Village**

The monthly luncheon meeting\* of the Women's Networking of the Brentwood Baldwin Whitehall Chamber of Commerce will meet on **Friday, January 10, noon, at Gianna Via's Restaurant, Caste Village.** Please plan on attending and bring a friend. We welcome members and non-members. Vendor tables will not be available this month. Everyone will pass out cards and brochures and present a one-minute "commercial."

### Guest Speaker

**Lois Misko**

**Project Linus Coordinator/Greater Pittsburgh Area**

You remember Linus, don't you—the loveable "Peanuts" character who just adored his security blanket? Linus loved his blanket, and Project Linus' volunteer's love children, so much so that they produce thousands of handmade blankets every year to send to needy kids who could use some comfort. Project Linus is a non-profit organization, which provides homemade blankets to children in need.

Lunch for Chamber Members - \$20 - Bring a friend!  
 Lunch for Non-Members - \$25

Please make a reservation by contacting our secretary:  
 Mary Dilla at: 412-884-1233 / [secretary@bbwchamber.com](mailto:secretary@bbwchamber.com)

**Next Women's Luncheon February 14 at South Hills Country Club**

remember bad things more often than good things in your life. You store the bad memories more easily, and you recall them more frequently. So the odds are against you when a Garbage Truck comes your way. But when you follow The Law of the Garbage Truck®, you take back control of your life. You make room for the good by letting go of the bad.

The best leaders know that they have to be ready for their next meeting. The best sales people know that they have to be ready for their next client. And the best parents know that they have to be ready to greet their children with hugs and kisses, no matter how many garbage trucks they might have faced that day. All of us know that we have to be fully present, and at our best for the people we care about.

The bottom line is that successful people do not let Garbage Trucks take over their lives. What about you? What would happen in your life, starting today, if you let more garbage trucks pass you by?

Here's my bet: You'll be happier.

- *STEVE GARDINER*

### 2013-2014 Officers

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## BUSINESS SPOTLIGHT!



On February 2<sup>nd</sup> 2013, after a lifetime of working in a flower shop, I opened Flowers By Terry in the Caste Village Shopping Center.

It was stressful, overwhelming and lots of fun all at the same time.

We are a full service flower shop. We do weddings, events, funerals and everyday occasions. We deliver. We cater to creative, unique and innovative ideas. If you have something in mind- we can create a design.

My first year has been a learning curve. I have met so many new friends. Joining the BBW Chamber of Commerce was one of the best decisions I have made. I truly want to thank all of the members for their encouragement and support. John Slater encouraged me to join and he was so right! Mary Ann Laudato was my very first customer- I will always remember that delivery! I am not very comfortable speaking in public, but it has gotten much easier because you are all so welcoming. So many chamber members have ordered flowers from my shop and have given me the chance to show what we can do.

Small business is so important to a community. Personal relationships and customer care are not popular everywhere, but I have found that in our area small businesses are a priority. I am so blessed to have great support from my family, friends and community. If you have any floral needs – please give me a call.



*Terry Unger*

Owner/Designer

Orders@flowersbyterrypittsburgh.com  
 Www/FlowersByTerryPittsburgh.com

**Anything you can imagine**

*Bring Us Your Ideas,  
 We'll Creatively Arrange them!*

### Welcome New Members!

**MB2K Development**—Michael Thatcher  
 412-680-7010 / [mwthatcher@gmail.com](mailto:mwthatcher@gmail.com)

**Greenhouse Winery**—Cindy Helinski  
 421-335-1818 / [helinski3553@gmail.com](mailto:helinski3553@gmail.com)

**McGervey Pillar & Co. CPA's**—Dan McGervey  
 412-884-3538 / [dmcgervey@comcast.net](mailto:dmcgervey@comcast.net)

### Board of Directors

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